



Praying for the sick, hurting and troubled – By Brad McKoy

Remember that praying for the sick and hurting is a part of the good news of Jesus. He supplies the power!

Move in love for people... they matter to the Father, they are more than just an opportunity for a sweet story.

Remember to share Jesus

- Ask permission to pray...

If they say “yes”...

- get to praying soon
- keep conversation focused
- keep things flowing naturally

If they say “no”...

- share a relevant testimony (the more recent, the better)
- politely ask the why they do not want prayer and deal with the issues in love if possible.
- sincerely bless them in Jesus name and let them go (You are not trying to win a prayer badge)

- Interview

If you don't already know:

- Ask their name
- Ask what is wrong/ what's going on
- Ask how long they have been sick/ or when did an accident happen

- Instructions

People will respond to your ministry more favorably if you keep it natural and let them know what to expect.

- Ask if okay to put your hand on them.
 - if possible, place hand where on part of body that is hurting.
 - If not appropriate to put hand on hurting place, shoulder is a natural and usually a safe place to touch someone.
 - If they are uncomfortable, let them know that it's okay, and that you can still pray. Explain that laying our hands on people is something we do to feel connected to people/ a part of our normal custom
- Let them know you want feedback
 - Say something like...”As we are praying, you might feel something in your body...”
 - Pain may lessen or increase
 - Pain might move

- You might sense “electricity” or “pulsing” sensations
 - You might feel a hot or cold sensation
- Have people evaluate their pain level and try to measure it on scale of 1 to 10
- Let people know that is also normal not to feel anything at all.
- Ask the person to let you know if anything changes.
 - Say something like... Jesus said He only did what He saw His Father doing... (KEEP YOUR EYES OPEN!)
 - Tell them to interrupt you
 - Let them know that you need them to tell you what’s going on will help you know how to pray.
- Tell them not to pray! Just pay attention to their body and listen to their heart.
- Pray
 - Keep it short – pray short prayers like “eyes – see” or “ears – hear”
 - Invite the Holy Spirit to Come – “Come, Holy Spirit”
 - Pray in Jesus Name
 - Let Your Kingdom Come, On Earth as it IS in Heaven
 - Leave plenty of time to listen
 - Be aware of your surroundings – don’t make an unnecessary spectacle
- Re-evaluate
 - After a few minutes of prayer, ask person how they are doing... “What’s going on?”
 - Ask them to check their pain on scale of 1 to 10.
 - If there is no change – go back and pray again for the person
 - If there is any change – keep praying along the same lines that you were praying before
 - Remind them to let you know about any changes
 - Tell them that change is good – let faith arise
- Prayer II
 - Ask Holy Spirit for focus
 - Seek complete healing – not partial
 - Be willing to spend time praying as long as...
 - You sense God is actively working
 - You are feeling a sense of compassion
 - The person wants prayer and it is not keeping you from something else – don’t get distracted!
- When someone is healed
 - Thank God immediately
 - Ask them how they feel about it
 - Talk about Jesus, the Gospel and invite them to know Him
 - Give any follow up instructions you sense the Holy Spirit giving you (ie. share their story, stop sinning)
 - Get contact info to follow up if it is within your scope...
- When someone is not healed
 - Ask if about trauma or anything that is really troubling them
 - Ask Holy Spirit if there is a root cause
 - Ask how they are doing and how they feel about receiving prayer
 - Share the good news of Jesus
 - DO NOT MAKE EXCUSES FOR WHY PEOPLE DID NOT GET HEALED.

- Make sure person feels loved
- Tell them that you will keep praying for them and that many times people get healed w/in a day or two of getting prayed for
- Give them your contact – let them know that you care about them.